

Food Allergen / Special Diet Resource

2016 - 2017

GRAINS	ALLERGENS								
Items	Corn	Dairy	Egg	Fish / Shellfish	Gluten	Nuts	Red Dye	Soy Bean	Other Information
Biscuits		x			x				
Bread, Sandwich	x	x			x				
Cereal									
<i>Cheerios</i>	x				x				
<i>Cinnamon Toast Crunch</i>					x			x	
<i>Cocoa Puffs</i>	x				x				
<i>Fruit Loops</i>	x				x	x	x	x	Contains Coconut
<i>Golden Grahams</i>	x				x				
<i>Rice Chex</i>									
<i>Rice Chex, Cinnamon</i>									
Chips									
<i>Cheeto Flamin Hot Puffs</i>	x	x					x		
<i>Cheeto Puffs</i>	x	x							
<i>Cheeto, Flamin' Hot</i>	x	x					x		
<i>Cheeto, Crunchy</i>	x	x							
<i>Doritos, Cooler Ranch</i>	x	x					x		
<i>Doritos, Nacho</i>	x	x					x		
<i>Fantastix, Chili</i>	x	x							
<i>Fantastix, Flamin Hot</i>	x	x					x		
<i>Frito Corn Chip</i>	x								
<i>Nacho Chip</i>	x							x	
Cookies									
<i>Chocolate Chip</i>		x	x		x	x		x	
<i>Holiday Shaped</i>			x		x			x	
Cornbread Dressing	x	x	x		x	x		x	
Garlic Roll		x	x		x			x	
Graham Cracker	x				x			x	
Hamburger Bun	x				x			x	Sesame Seeds
Hot Dog Bun	x	x			x				
Pasta									
<i>Spaghetti</i>			x		x				
PopTart, Strawberry	x				x		x	x	
Rice									
<i>Brown Rice</i>	x	x						x	
<i>Seasoned Rice</i>	x	x						x	
<i>Spanish Rice</i>	x	x			x			x	
Roll, Wheat		x	x		x			x	
Sub Bun	x				x			x	
Texas Toast	x	x			x	x			Made in a Facility that Processes Tree Nuts
Texas Toast, Garlic	x	x			x	x			Made in a Facility that Processes Tree Nuts
Toast	x				x			x	
Toast, Cinnamon	x				x			x	
Tortilla									
<i>Corn Tortilla</i>	x								
<i>Flour Tortilla</i>	x				x			x	