# Food Allergen / Special Diet Resource
## 2016 - 2017

| FRUIT / VEGETABLE | ALLERGENS | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| Items | Corn | Dairy | Egg | Fish / Shellfish | Gluten | Nuts | Red Dye | Soy Bean | Other Information |
| Applesauce Cup | | | | | | | | | |
| Applesauce, Canned | | | | | | | | | |
| Baked Beans | x | | | | | | | x | |
| Banana | | | | | | | | | |
| Black Bean | | | | | | | | | |
| Broccoli Florets | | | | | | | | | |
| California Blend (Broccoli, Carrot, Cauliflower) | | | | | | | | | |
| Carrots, Baby | | | | | | | | | |
| Carrots, Crinkle Cut | | | | | | | | | |
| Corn | x | | | | | | | | |
| Corn & Black Bean Fiesta (Corn, Black Beans, Tomatoes, Onions, Green & Red Peper) | | | | | | | | | |
| Craisins, Strawberry | | | | | | | | | |
| Green Beans | | | | | | | | | |
| Mandarin Oranges | | | | | | | | | |
| Marinara Sauce | | | | | | | | x | |
| Mixed Vegetables (Green Peas, Carrots, Corn, Green Beans, Lima Beans) | x | | | | | | | | |
| Peach Fruit Cup | x | | | | | | | | |
| Peaches, Sliced | | | | | | | | | |
| Pears, Diced | | | | | | | | | |
| Peas, Green | | | | | | | | | |
| Peas, Sugar Snap | | | | | | | | | |
| Pineapple Tidbits | | | | | | | | | |
| Pinto Bean | | | | | | | | | |
| Potato, Fry | | | | | | | | | |
| Potato, Mashed | | x | | | | | | | |
| Potato, Tator Tots | | | | | | | | x | |
| Refried Beans w/ Cheese | | x | | | | | | | |
| Salsa | | | | | | | | | |
| Sandwich Fixins (Iceburg, Pickles, Tomato) | | | | | | | | | |
| Sonoma Blend (Broccoli, Sugar Snap Peas, Yellow/ Orange Carrots) | | | | | | | | | |
| Spinach | | | | | | | | | |
| Sweet Potato Fries | x | | | | | | | x | |
| Salad Topper (Lettuce, tomato) | | | | | | | | | |
| Tossed Salad (Iceburg, romaine, carrots) | | | | | | | | | |
| Winter Blend (Broccoli, Cauliflower) | | | | | | | | | |