



# Junior High Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Orange Chicken w/ Seasoned Rice Wheat Roll or Cheese Stuffed Breadsticks or *Four Meat / Cheese Pizza</p> <p>Steamed Broccoli Crinkle Cut Carrots Marinara Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle &amp; Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo Garlic Wheat Roll or Hamburger/Cheeseburger or Bean &amp; Cheese Burrito</p> <p>Mixed Vegetables Oven Fries Sandwich Fixins Salsa Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza &amp; Biscuit or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chef Salad w/ Popcorn Chicken Wheat Roll or Beef Enchiladas w/ Spanish Rice or Fiestada Pizza</p> <p>Refried Beans Corn Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll w/ Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich or Baked Ziti Garlic Wheat Roll or Turkey &amp; Cheese Deli Sandwich w/ Chips</p> <p>California Blend Green Beans Applesauce Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit w/Sausage &amp; Gravy or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich or Pepperoni / Cheese Pizza or Spicy Asian Bowl Wheat Roll</p> <p>Baby Carrots Tator Tots Marinara Pears Seasonal Fruit or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken or Steak Fingers Wheat Roll or Breaded Chicken Sandwich</p> <p>Mashed Potatoes w/ Gravy Mixed Vegetables Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese &amp; Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Taco Snack or Hamburger/Cheeseburger or Hot &amp; Spicy Chicken Sandwich</p> <p>Oven Fries Broccoli Sandwich Fixins Salsa Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll w/ Canadian Bacon or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey or Chicken Tenders Cornbread Dressing Wheat Roll or Cheese Quesadilla</p> <p>Mashed Potatoes w/ Chicken Gravy Green Beans Salsa Applesauce Peach Cup or Fruit Juice</p>	<p><b>13 Breakfast</b> French Toast Sticks w/ Sausage Patty or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini Wheat Roll or Beef &amp; Cheese Nachos or Turkey &amp; Cheese Deli Sandwich w/ Chips</p> <p>Tossed Salad Winter Blend Salsa Pears Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b>No School</b></p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p style="text-align: center;"><b>Breakfast</b></p> <p style="text-align: center;">Student - \$1.25 Reduced - \$0.30</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p style="text-align: center;"><b>Lunch</b></p> <p style="text-align: center;">Student - \$2.80 Reduced - \$0.40 Adult - \$3.45</p> </div>

\* Pork Containing Product

**Breakfast :** Includes Choice of Milk  
**Lunch:** Includes Entrée, Vegetable and /or Fruit, and Choice of

**Menu Subject to Change**



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<p><b>17 Breakfast</b> Breakfast on a Stick or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Orange Chicken w/ Seasoned Rice Wheat Roll or Corn Dog or *Four Meat / Cheese Pizza</p> <p>Sugar Snap Peas Tator Tots Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>18 Breakfast</b> Egg, Sausage, &amp; Cheese Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken Wheat Roll or Hamburger/Cheeseburger or Crispy Chicken Sandwich</p> <p>Oven Fries Steamed Broccoli Sandwich Fixins Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Cinnamon Roll w/ Cheese Stick or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos or Fiestada Pizza or Hot &amp; Spicy Chicken Sandwich</p> <p>Corn &amp; Black Bean Fiesta Salad Topper Salsa Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> *EggStravaganza Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders Wheat Roll or Beef &amp; Cheese Nachos or Ham &amp; Cheese Deli Sandwich w/ Chips</p> <p>Sonoma Blend Pinto Beans Salsa Strawberry Cup Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes w/ *Little Smokies or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/Meat Sauce Wheat Roll or Pepperoni / Cheese Pizza or Spicy Asian Bowl Wheat Roll</p> <p>Baby Carrots Green Beans Marinara Pears Seasonal Fruit or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Pepper Jack Enchiladas w/ Spanish Rice or Mac 'n Cheese Wheat Roll or *Four Meat / Cheese Pizza</p> <p>Steamed Broccoli Crinkle Cut Carrots Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>25 Breakfast</b> Cinnamon Roll w/ Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos or Hamburger/Cheeseburger or Canadian Bacon / Cheese Pizza</p> <p>Sweet Potato Fries Refried Beans Sandwich Fixins Salad Topper Salsa Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad w/ Spanish Rice or Chicken Fried Steak Sandwich or Crispy Chicken Sandwich</p> <p>Corn Pickles Salad Topper Salsa Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks w/ Sausage Patty or Cereal &amp; Cinnamon Toast Craisins Peach Cup Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla or Lasagna Garlic Wheat Roll or Ranch Chicken Wrap</p> <p>Cucumber Slices Green Peas Salsa Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll w/ Cheese Stick or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich or Pepperoni / Cheese Pizza or Hot &amp; Spicy Chicken Sandwich</p> <p>Tator Tots Baked Beans Marinara Pears Seasonal Fruit or Fruit Juice</p>

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**Lunch:** Includes Entrée, Vegetable and /or Fruit, and Choice of Milk  
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