



# High School Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Orange Chicken w/ Seasoned Rice Wheat Roll or Cheese Stuffed Breadstick or Hot &amp; Spicy Chicken Sandwich or Mac 'n Cheese Wheat Roll or *Four Meat / Cheese Pizza</p> <p>Steamed Broccoli Crinkle Cut Carrots Marinara Baby Carrots Oven Fries Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle &amp; Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo Garlic Wheat Roll or Hamburger/Cheeseburger or Bean &amp; Cheese Burrito or Ham &amp; Cheese Deli Sandwich w/ Chips or Canadian Bacon/ Cheese Pizza</p> <p>Mixed Vegetables Oven Fries Sandwich Fixins Salsa Baby Carrots Marinara Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza &amp; Biscuit or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chef Salad w/ Popcorn Chicken Wheat Roll or Beef Enchiladas w/ Spanish Rice or Crispy Chicken Sandwich or Fiestada / Cheese Pizza</p> <p>Refried Beans Corn Cucumber Slices Oven Fries Marinara Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll w/ Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich or Baked Ziti Garlic Wheat Roll or Turkey &amp; Cheese Deli Sandwich w/ Chips or Hamburger / Cheeseburger or Buffalo Chicken/ Cheese Pizza</p> <p>California Blend Green Beans Marinara Baby Carrots Oven Fries Sandwich Fixins Applesauce Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit w/ Sausage &amp; Gravy or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich or Spicy Asian Bowl Wheat Roll or Fish Fillet Sandwich or Chicken Tenders Wheat Roll or Pepperoni / Cheese Pizza</p> <p>Baby Carrots Tator Tots Marinara Pears Seasonal Fruit or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken or Steak Fingers Wheat Roll or Breaded Chicken Sandwich or Bean &amp; Cheese Burrito or *Four Meat / Cheese Pizza</p> <p>Mashed Potatoes w/ Gravy Mixed Vegetables Salsa Baby Carrots Oven Fries Marinara Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese &amp; Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Taco Snack or Hamburger/Cheeseburger or Hot &amp; Spicy Chicken Sandwich or Ham &amp; Cheese Deli Sandwich w/Chips or Canadian Bacon/ Cheese Pizza</p> <p>Oven Fries Broccoli Sandwich Fixins Salsa Baby Carrots Marinara Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll w/ Canadian Bacon or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey or Chicken Tenders Cornbread Dressing Wheat Roll or Cheese Quesadilla or Crispy Chicken Sandwich or Fiestada / Cheese Pizza</p> <p>Mashed Potatoes w/ Chicken Gravy Green Beans Salsa Sliced Cucumber Oven Fries Marinara Applesauce Peach Cup or Fruit Juice Holiday Cookie</p>	<p><b>13 Breakfast</b> French Toast Sticks w/ Sausage Patty or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini Wheat Roll or Beef &amp; Cheese Nachos or Turkey &amp; Cheese Deli Sandwich w/ Chips or Hamburger / Cheeseburger or Buffalo Chicken/ Cheese Pizza</p> <p>Tossed Salad Winter Blend Salsa Sandwich Fixins Baby Carrots Oven Fries Marinara Pears Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b><u>NO</u></b> <b><u>SCHOOL</u></b></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Breakfast</b> Student - \$1.25 Reduced - \$0.30</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> <p><b>Lunch</b> Student - \$2.80 Reduced - \$0.40 Adult - \$3.45</p> </div>

**Breakfast :** Includes Choice of Milk

**Lunch:** Includes Entrée, Vegetable and/or Fruit, and Choice of Milk

\* Pork Containing Product

**Menu Subject to Change**



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<p><b>17 Breakfast</b> Breakfast on a Stick or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Orange Chicken w/ Seasoned Rice Wheat Roll or Corn Dog w/ Chips or Fish Fillet Sandwich or Hot &amp; Spicy Chicken Sandwich or *Four Meat / Cheese Pizza</p> <p>Sugar Snap Peas Tator Tots Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>18 Breakfast</b> Egg, Sausage, &amp; Cheese Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken Wheat Roll or Hamburger/Cheeseburger or Crispy Chicken Sandwich or Turkey &amp; Cheese Deli Sandwich w/ Chips or Canadian Bacon/Cheese Pizza</p> <p>Oven Fries Steamed Broccoli Sandwich Fixins Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Cinnamon Roll w/ Cheese Stick or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos or Hot &amp; Spicy Chicken Sandwich or Hot Dog w/ Chips or Fiestada / Cheese Pizza</p> <p>Corn &amp; Black Bean Fiesta Salad Topper Salsa Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> *Egg Stravaganza &amp; Biscuit or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders Wheat Roll or Beef &amp; Cheese Nachos or Ham &amp; Cheese Deli Sandwich w/ Chips or Hamburger/Cheeseburger or Buffalo Chicken/Cheese Pizza</p> <p>Sonoma Blend Pinto Beans Salsa Strawberry Cup Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes w/*Little Smokies or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/ Meat Sauce Wheat Roll or Spicy Asian Bowl w/ Brown Rice Wheat Roll or Chicken Fried Steak Sandwich or Pepperoni / Cheese Pizza</p> <p>Baby Carrots Green Beans Marinara Pears Seasonal Fruit or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza or Cereal &amp; Toast Craisins Applesauce Cup Fruit Juice</p> <p><b>Lunch</b> Pepper Jack Enchiladas w/ Spanish Rice or Mac 'n Cheese Wheat Roll or Beef &amp; Cheese Nachos or Hot &amp; Spicy Chicken Sandwich or *Four Meat / Cheese Pizza</p> <p>Steamed Broccoli Crinkle Cut Carrots Peaches Seasonal Fruit Fruit Juice</p>	<p><b>25 Breakfast</b> Cinnamon Roll w/ Cheese Stick or Cereal &amp; Cinnamon Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos or Hamburger/Cheeseburger or Turkey &amp; Cheese Deli Sandwich w/ Chips or Canadian Bacon / Cheese Pizza</p> <p>Sweet Potato Fries Refried Beans Sandwich Fixins Salad Topper Salsa Mandarin Oranges Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad w/ Spanish Rice or Chicken Fried Steak Sandwich or Crispy Chicken Sandwich or Popcorn Chicken Wheat Roll or Fiestada / Cheese Pizza</p> <p>Corn Pickles Salsa Salad Topper Pineapple Tidbits Seasonal Fruit or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks w/ Sausage Patty or Cereal &amp; Cinnamon Toast Craisins Peach Cup Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla or Lasagna Garlic Wheat Roll or Ranch Chicken Wrap or Hamburger / Cheeseburger or Buffalo Chicken / Cheese Pizza</p> <p>Cucumber Slices Green Peas Salsa Sliced Peaches Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll w/ Cheese Stick or Cereal &amp; Toast Craisins Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich or Hot &amp; Spicy Chicken Sandwich or Chicken Alfredo Garlic Wheat Roll or Bean &amp; Cheese Burrito or Pepperoni / Cheese Pizza</p> <p>Tator Tots Baked Beans Marinara Pears Seasonal Fruit or Fruit Juice</p>

**Breakfast :** Includes Choice of Milk  
**Lunch:** Includes Entrée, Vegetable and /or Fruit, and Choice of Milk  
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