



# Elementary Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Cheese Stuffed Breadsticks (30)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Marinara (4) Sliced Peaches (22) or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle (43) &amp; Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo (35.5) Garlic Texas Toast (22) or Hamburger (31) /Cheese-burger (32)</p> <p>Mixed Vegetables (12) Oven Fries (17) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza (1) Biscuit (28) or Cereal (20-25) &amp; Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Chef Salad (8.5) w/ Popcorn Chicken (14) Wheat Roll (27) or Beef Enchiladas (40) w/ Spanish Rice (17)</p> <p>Refried Beans (32) Corn (27) Mandarin Oranges (20) or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45) or Baked Ziti (30.5) Garlic Wheat Roll (27)</p> <p>California Blend (5) Green Beans (4) Marinara (4) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit (28) w/ Sausage (0) &amp; Gravy (4) or Cereal (20-25) &amp; Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich (36) or *Pepperoni / Cheese Pizza (32)</p> <p>Baby Carrots (8) Tator Tots (19) Marinara (4) Pears (20) or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Oven Crispy Chicken (5) or Steak Fingers (16) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Mixed Vegetables (12) Pineapple Tidbits (20) or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese (3) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Taco Snack (30) or Hamburger (31)/ Cheeseburger (32)</p> <p>Oven Fries (17) Broccoli (4) Sandwich Fixins (1) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll (37) w/ Canadian Bacon (0) or Cereal (20-25) &amp; Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4) Applesauce (15) or Fruit Juice</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrizzini (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39)</p> <p>Tossed Salad (0) Winter Blend (4) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b><u>NO</u></b> <b><u>SCHOOL</u></b></p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—4oz**

Orange (15)  
Apple/Cherry (16)  
Apple (15)



# Elementary Menu 2017



<p><b>17 Breakfast</b>            *Sausage Roll (15)            w/ Cheese Stick (1)            or            Cereal (20-25) &amp; Toast (15)            Applesauce Cup (12)            Fruit Juice</p> <p><b>Lunch</b>            Orange Chicken (37)            w/ Seasoned Rice (27)            Wheat Roll (27)            or            Corn Dog (31)</p> <p>Sugar Snap Peas (7)            Tator Tots (19)            Mandarin Oranges (20) or            Fruit Juice</p>	<p><b>18 Breakfast</b>            Egg, Sausage, &amp;            Cheese Biscuit (29)            or            Cereal (20-25) &amp; Cinnamon Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Mesquite Chicken (6)            Wheat Roll (27)            or            Hamburger (31)/            Cheeseburger (32)</p> <p>Sweet Potato Fries (21)            Steamed Broccoli (4)            Sandwich Fixins (1)            Seasonal Fruit or            Fruit Juice</p>	<p><b>19 Breakfast</b>            Cinnamon Roll (37)            w/ Cheese Stick (1)            or            Cereal (20-25) &amp; Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Chicken Fajita Tacos (32)            or            Fiestada Pizza (39)</p> <p>Corn &amp; Black Bean Fiesta (16)            Salsa (3)            Salad Topper (0.5)            Seasonal Fruit or            Fruit Juice</p>	<p><b>20 Breakfast</b>            *Egg Stravaganza (1)            &amp; Biscuit (28)            or            Cereal (20-25) &amp;            Cinnamon Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Chicken Tenders (13.5)            Biscuit (28)            or            Beef &amp; Cheese Nachos (39)</p> <p>Sonoma Blend (6)            Pinto Beans (21)            Salsa (3)            Seasonal Fruit or            Fruit Juice</p>	<p><b>21 Breakfast</b>            Pancakes (28)            w/ *Little Smokies (1.5)            or            Cereal (20-25) &amp; Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Spaghetti w/ Meat Sauce (29.5)            Wheat Roll (27)            or            *Pepperoni /            Cheese Pizza (32)</p> <p>Baby Carrots (8)            Green Beans (4)            Marinara (4)            Pears (20) or            Fruit Juice</p>
<p><b>24 Breakfast</b>            Breakfast Pizza (22)            or            Cereal (20-25) &amp; Toast (15)            Applesauce Cup (12)            Fruit Juice</p> <p><b>Lunch</b>            Bean &amp; Cheese Burrito (41)            or            Mac 'n Cheese (31)            Garlic Texas Toast (22)</p> <p>Steamed Broccoli (4)            Crinkle Cut Carrots (2)            Salsa (3)            Peaches (22) or            Fruit Juice</p>	<p><b>25 Breakfast</b>            Cinnamon Roll (37) w/            Cheese Stick (1)            or            Cereal (20-25) &amp;            Cinnamon Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Beef Soft Tacos (31)            or            Hamburger (31)/            Cheeseburger (32)</p> <p>Sweet Potato Fries (21)            Refried Beans (32)            Sandwich Fixins (1)            Salad Topper (0.5)            Salsa (3)            Seasonal Fruit or            Fruit Juice</p>	<p><b>26 Breakfast</b>            Breakfast Wrap (16)            or            Cereal (20-25) &amp; Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Fiesta Salad (26.5)            w/Spanish Rice (17)            or            Chicken Fried Steak            Sandwich (45)</p> <p>Pickles (0)            Corn (27)            Salsa (3)            Salad Topper (0.5)            Pineapple Tidbits (20) or            Fruit Juice</p>	<p><b>27 Breakfast</b>            French Toast Sticks (42)            w/ Sausage Patty (0)            or            Cereal (20-25) &amp;            Cinnamon Toast (15)            Peach Cup (14)            Fruit Juice</p> <p><b>Lunch</b>            Cheese Quesadilla (32)            or            Lasagna (36.5)            Garlic Wheat Roll (27)</p> <p>Cucumber Slices (2)            Green Peas (12)            Salsa (3)            Seasonal Fruit or            Fruit Juice</p>	<p><b>28 Breakfast</b>            *Sausage Roll (15)            w/ Cheese Stick (1)            or            Cereal (20-25) &amp; Toast (15)            Seasonal Fruit            Fruit Juice</p> <p><b>Lunch</b>            Fish Fillet Sandwich (42)            or            *Pepperoni / Cheese Pizza (32)</p> <p>Tator Tots (19)            Baked Beans (22.5)            Marinara (4)            Pears (20) or            Fruit Juice</p>

**Milk—8oz**  
 Skim (11)  
 1 % (11)  
 Chocolate (24)

**Fruit Juice—4oz**  
 Orange (15)  
 Apple/Cherry (16)  
 Apple (15)



# Junior High Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Cheese Stuffed Breadsticks (45) or *Four Meat / Cheese Pizza (34)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Marinara (4) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle (43) &amp; Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo (35.5) Garlic Wheat Roll (27) or Hamburger (31) /Cheeseburger (32) or Bean &amp; Cheese Burrito (41)</p> <p>Mixed Vegetables (12) Oven Fries (17) Sandwich Fixins (1) Salsa (3) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza (1) &amp; Biscuit (28) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chef Salad (8.5) w/ Popcorn Chicken (14) Wheat Roll (27) or Beef Enchiladas (40) w/ Spanish Rice (17) or Fiestada Pizza (39)</p> <p>Refried Beans (32) Corn (27) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45) or Baked Ziti (30.5) Garlic Wheat Roll (27) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20)</p> <p>California Blend (5) Green Beans (4) Applesauce (15) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit (28) w/Sausage (0) &amp; Gravy (4) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich (36) or Pepperoni / Cheese Pizza (34) or Spicy Asian Bowl (17.5) Wheat Roll (27)</p> <p>Baby Carrots (8) Tator Tots (19) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) or Steak Fingers (16) Wheat Roll (27) or Breaded Chicken Sandwich (45)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Mixed Vegetables (12) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese (3) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Taco Snack (30) or Hamburger (31)/ Cheeseburger (32) or Hot &amp; Spicy Chicken Sandwich (46)</p> <p>Oven Fries (17) Broccoli (4) Sandwich Fixins (1) Salsa (3) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll (37) w/ Canadian Bacon (0) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27) or Cheese Quesadilla (32)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4) Salsa (3) Applesauce (15) Peach Cup (14) or Fruit Juice</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20)</p> <p>Tossed Salad (0) Winter Blend (4) Salsa (3) Pears (20) Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b>No School</b></p>

**Milk—8oz**

Skim (11)

1 % (11)

Chocolate (24)

**Fruit Juice—6oz**

Orange (20)

Apple (19)



# Junior High Menu 2017



<p><b>17 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Corn Dog (31) or *Four Meat / Cheese Pizza (34)</p> <p>Sugar Snap Peas (7) Tator Tots (19) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>18 Breakfast</b> Egg, Sausage, &amp; Cheese Biscuit (29) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) Wheat Roll (27) or Hamburger (31)/ Cheeseburger (32) or Crispy Chicken Sandwich (43)</p> <p>Oven Fries (17) Steamed Broccoli (4) Sandwich Fixins (1) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos (32) or Fiestada Pizza (39) or Hot &amp; Spicy Chicken Sandwich (46)</p> <p>Corn &amp; Black Bean Fiesta (16) Salad Topper (0.5) Salsa (3) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> *EggStravaganza (1) Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders (13.5) Wheat Roll (27) or Beef &amp; Cheese Nachos (39) or Ham &amp; Cheese Deli Sandwich (37) w/ Chips (14-20)</p> <p>Sonoma Blend (6) Pinto Beans (21) Salsa (3) Strawberry Cup (21) Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes (28) w/ *Little Smokies (1.5) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/Meat Sauce (29.5) Wheat Roll (27) or Pepperoni / Cheese Pizza (34) or Spicy Asian Bowl (17.5) Wheat Roll (27)</p> <p>Baby Carrots (8) Green Beans (4) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Pepper Jack Enchiladas (32) w/ Spanish Rice (17) or Mac 'n Cheese (31) Wheat Roll (27) or *Four Meat / Cheese Pizza (34)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>25 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos (31) or Hamburger (31)/ Cheeseburger (32) or Canadian Bacon / Cheese Pizza (34)</p> <p>Sweet Potato Fries (21) Refried Beans (32) Sandwich Fixins (1) Salad Topper (0.5) Salsa (3) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap (16) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad (26.5) w/ Spanish Rice (17) or Chicken Fried Steak Sandwich (45) or Crispy Chicken Sandwich (43)</p> <p>Corn (27) Pickles (0) Salad Topper (0.5) Salsa (3) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Peach Cup (14) Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla (32) or Lasagna (36.5) Garlic Wheat Roll (27) or Ranch Chicken Wrap (36)</p> <p>Cucumber Slices (2) Green Peas (12) Salsa (3) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich (42) or Pepperoni / Cheese Pizza (34) or Hot &amp; Spicy Chicken Sandwich (46)</p> <p>Tator Tots (19) Baked Beans (22.5) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—6oz**

Orange (20)  
Apple (19)





# High School Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Cheese Stuffed Breadsticks (45) or Hot &amp; Spicy Chicken Sandwich (46) or Mac 'n Cheese (31) Wheat Roll (27) or *Four Meat / Cheese Pizza (34)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Marinara (4) Baby Carrots (8) Oven Fries (17) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle (43) &amp; Cheese Stick (1) Or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo (35.5) Garlic Wheat Roll (27) or Hamburger (31)/Cheeseburger (32) or Bean &amp; Cheese Burrito (41) or Ham &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Canadian Bacon/ Cheese Pizza (34)</p> <p>Mixed Vegetables (12) Oven Fries (17) Sandwich Fixins (1) Salsa (3) Baby Carrots (8) Marinara (4) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza (1) &amp; Biscuit (28) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chef Salad (8.5) w/ Popcorn Chicken (14) Wheat Roll (27) or Beef Enchiladas (40) w/ Spanish Rice (17) or Crispy Chicken Sandwich (43) or Fiestada (39) / Cheese Pizza (34)</p> <p>Refried Beans (32) Corn (27) Cucumber Slices (2) Oven Fries (17) Marinara (4) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45) or Baked Ziti (30.5) Garlic Wheat Roll (27) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Hamburger (31) / Cheeseburger (32) or Buffalo Chicken (35) / Cheese Pizza (34)</p> <p>California Blend (5) Green Beans (4) Marinara (4) Baby Carrots (8) Oven Fries (17) Sandwich Fixins (1) Applesauce (15) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit (28) w/ Sausage (0) &amp; Gravy (4) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich (36) or Spicy Asian Bowl (17.5) Wheat Roll (27) or Fish Fillet Sandwich (42) or Chicken Tenders (13.5) Wheat Roll (27) or Pepperoni / Cheese Pizza (34)</p> <p>Baby Carrots (8) Tator Tots (19) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) or Steak Fingers (16) Wheat Roll (27) or Breaded Chicken Sandwich (45) or Bean &amp; Cheese Burrito (41) or *Four Meat / Cheese Pizza (34)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Mixed Vegetables (12) Salsa (3) Baby Carrots (8) Oven Fries (17) Marinara (4) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese (3) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Taco Snack (30) or Hamburger (31) / Cheeseburger (32) or Hot &amp; Spicy Chicken Sandwich (46) or Ham &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Canadian Bacon/ Cheese Pizza (34)</p> <p>Oven Fries (17) Broccoli (4) Sandwich Fixins (1) Salsa (3) Baby Carrots (8) Marinara (4) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll (37) w/ Canadian Bacon (0) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27) or Cheese Quesadilla (32) or Crispy Chicken Sandwich (43) or Fiestada (39) / Cheese Pizza (34)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4) Salsa (3) Sliced Cucumber Oven Fries (17) Marinara (4) Applesauce (15) Peach Cup (14) or Fruit Juice Holiday Cookie</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) Or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Hamburger (31) / Cheeseburger (32) or Buffalo Chicken (35) / Cheese Pizza (34)</p> <p>Tossed Salad (0) Winter Blend (4) Salsa (3) Sandwich Fixins (1) Baby Carrots (8) Oven Fries (17) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b><u>NO</u></b> <b><u>SCHOOL</u></b></p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—6oz**

Orange (20)  
Apple (19)



# High School Menu 2017



<p><b>17 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Corn Dog (31) w/ Chips (14-20) or Fish Fillet Sandwich (42) or Hot &amp; Spicy Chicken Sandwich (46) or *Four Meat / Cheese Pizza (34)</p> <p>Sugar Snap Peas (7) Tator Tots (19) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>18 Breakfast</b> Egg, Sausage, &amp; Cheese Biscuit (29) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) Wheat Roll (27) or Hamburger (31)/ Cheeseburger (32) or Crispy Chicken Sandwich (43) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Canadian Bacon/Cheese Pizza (34)</p> <p>Oven Fries (17) Steamed Broccoli (4) Sandwich Fixins (1) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos (32) or Hot &amp; Spicy Chicken Sandwich (46) or Hot Dog w/ Chips (14-20) or Fiestada (39) / Cheese Pizza (34)</p> <p>Corn &amp; Black Bean Fiesta (16) Salad Topper (0.5) Salsa (3) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> *EggStravaganza (1) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders (13.5) Wheat Roll (27) or Beef &amp; Cheese Nachos (39) or Ham &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Hamburger (31)/ Cheeseburger (32) or Buffalo Chicken (35)/ Cheese Pizza (34)</p> <p>Sonoma Blend (6) Pinto Beans (21) Salsa (3) Strawberry Cup (21) Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes (28) w/*Little Smokies (1.5) or Cereal (20-25)&amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/ Meat Sauce (29.5) Wheat Roll (27) or Spicy Asian Bowl (17.5) Wheat Roll (27) or Chicken Fried Steak Sandwich (45) or Pepperoni / Cheese Pizza (34)</p> <p>Baby Carrots (8) Green Beans (4) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Pepper Jack Enchiladas (32) w/ Spanish Rice (17) or Mac 'n Cheese (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39) or Hot &amp; Spicy Chicken Sandwich (46) or *Four Meat / Cheese Pizza (34)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Peaches (22) Seasonal Fruit Fruit Juice</p>	<p><b>25 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos (31) or Hamburger (31)/ Cheeseburger (32) or Turkey &amp; Cheese Deli Sandwich (37) w/ Chips (14-20) or Canadian Bacon / Cheese Pizza (34)</p> <p>Sweet Potato Fries (21) Refried Beans (32) Sandwich Fixins (1) Salad Topper (0.5) Salsa (3) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap (16) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad (26.5) w/Spanish Rice (17) or Chicken Fried Steak Sandwich (45) or Crispy Chicken Sandwich (43) or Popcorn Chicken (14) Wheat Roll (27) or Fiestada (39) / Cheese Pizza (34)</p> <p>Corn (27) Pickles (0) Salsa (3) Salad Topper (0.5) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Peach Cup (14) Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla (32) or Lasagna (36.5) Garlic Wheat Roll (27) or Ranch Chicken Wrap (36) or Hamburger (31) / Cheeseburger (32) or Buffalo Chicken (35) / Cheese Pizza (34)</p> <p>Cucumber Slices (2) Green Peas (12) Salsa (3) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15)Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich (42) or Hot &amp; Spicy Chicken Sandwich (46) or Chicken Alfredo (35.5) Garlic Wheat Roll (27) or Bean &amp; Cheese Burrito (41) or Pepperoni / Cheese Pizza (34)</p> <p>Tator Tots (19) Baked Beans (22.5) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—6oz**

Orange (20)  
Apple (19)



# Alternative Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Cheese Stuffed Breadsticks (45)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Marinara (4) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>4 Breakfast</b> Dutch Waffle (43) &amp; Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo (35.5) Garlic Wheat Roll (27) or Hamburger (31)/ Cheeseburger (32)</p> <p>Mixed Vegetables (12) Oven Fries (17) Sandwich Fixins (1) Baby Carrots (8) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> *EggStravaganza (1) Biscuit (28) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chef Salad (8.5) w/ Popcorn Chicken (14) Wheat Roll (27) or Beef Enchiladas (40) w/ Spanish Rice (17)</p> <p>Refried Beans (32) Corn (27) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45) or Baked Ziti (30.5) Garlic Wheat Roll (27)</p> <p>California Blend (5) Green Beans (4) Applesauce (15) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Biscuit (28) w/ Sausage (0) &amp; Gravy (4) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich (36) or Pepperoni / Cheese Pizza (34)</p> <p>Baby Carrots (8) Tator Tots (19) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>10 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Oven Crispy Chicken (5) or Steak Fingers (16) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Mixed Vegetables (12) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>11 Breakfast</b> Scramble Eggs w/ Cheese (3) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Taco Snack (30) or Hamburger (31)/ Cheeseburger (32)</p> <p>Oven Fries (17) Broccoli (4) Sandwich Fixins (1) Baby Carrots (8) Salsa (3) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Cinnamon Roll (37) w/ Canadian Bacon (0) Slices or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4) Applesauce (15) Peach Cup (14) or Fruit Juice</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39)</p> <p>Tossed Salad (0) Winter Blend (4) Salsa (3) Pears (20) Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b><u>NO</u></b> <b><u>SCHOOL</u></b></p>

**Milk—8oz**  
Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—6oz**  
Orange (20)  
Apple (19)



# Alternative Menu 2017



<p><b>17 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Corn Dog (31)</p> <p>Sugar Snap Peas (7) Tator Tots (19) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>18 Breakfast</b> Egg, Sausage, &amp; Cheese Biscuit (29) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) Wheat Roll (27) or Hamburger (31)/ Cheeseburger (32)</p> <p>Sweet Potato Fries (21) Steamed Broccoli (4) Sandwich Fixins (1) Baby Carrots (8) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos (32) or Fiestada Pizza (39)</p> <p>Corn &amp; Black Bean Fiesta (16) Salsa (3) Salad Topper (0.5) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> *EggStravaganza (1) &amp; Biscuit (28) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders (13.5) Wheat Roll (27) or Beef &amp; Cheese Nachos (39)</p> <p>Sonoma Blend (6) Pinto Beans (21) Salsa (3) Strawberry Cup (21) Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes (28) w/ *Little Smokies (1.5) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/ Meat Sauce (29.5) Wheat Roll (27) or Pepperoni / Cheese Pizza (34)</p> <p>Baby Carrots (8) Green Beans (4) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza (22) or Cereal (20-25) &amp; Toast (15) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Bean &amp; Cheese Burrito (41) or Mac 'n Cheese (31) Wheat Roll (27)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Salsa (3) Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>25 Breakfast</b> Cinnamon Roll (37) w/ Cheese Stick (1) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos (31) or Hamburger (31)/ Cheeseburger (32)</p> <p>Sweet Potato Fries (21) Refried Beans (32) Sandwich Fixins (1) Salad Topper (0.5) Salsa (3) Mandarin Oranges (20) Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap (16) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad (26.5) w/Spanish Rice (17) or Chicken Fried Steak Sandwich (45)</p> <p>Corn (27) Pickles (0) Salsa (3) Salad Topper (0.5) Pineapple Tidbits (20) Seasonal Fruit or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks (42) w/ Sausage Patty (0) or Cereal (20-25) &amp; Cinnamon Toast (15) Craisins (28) Peach Cup (14) Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla (32) or Lasagna (36.5) Garlic Wheat Roll (27)</p> <p>Cucumber Slices (2) Green Peas (12) Salsa (3) Sliced Peaches (22) Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) or Cereal (20-25) &amp; Toast (15) Craisins (28) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich (42) or Pepperoni / Cheese Pizza (34)</p> <p>Tator Tots (19) Baked Beans (22.5) Marinara (4) Pears (20) Seasonal Fruit or Fruit Juice</p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—6oz**

Orange (20)  
Apple (19)





# Express Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Cheese Stuffed Breadsticks (30)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Marinara (4) Sliced Peaches (22) or Fruit Juice</p>	<p><b>4 Breakfast</b> Pancakes (35) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Chicken Alfredo (35.5) Garlic Texas Toast (22) or Hamburger (31)/ Cheeseburger (32)</p> <p>Mixed Vegetables (12) Oven Fries (17) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> Mini Waffles (35) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Chef Salad (8.5) w/ Popcorn Chicken (14) Wheat Roll (27) or Beef Enchiladas (40) w/ Spanish Rice (17)</p> <p>Refried Beans (32) Corn (27) Mandarin Oranges (20) or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45) or Baked Ziti (30.5) Wheat Roll (27)</p> <p>California Blend (5) Green Beans (4) Marinara (4) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Muffin (30-32) &amp; Yogurt (8) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Sloppy Joe Sandwich (36) or *Pepperoni/Cheese Pizza (32)</p> <p>Baby Carrots (8) Tator Tots (19) Marinara (4) Pears (20) or Fruit Juice</p>
<p><b>10 Breakfast</b> Poptart (38) &amp; Cereal (20-25) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Oven Crispy Chicken (5) or Steak Fingers (16) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Mixed Vegetables (12) Pineapple Tidbits (20) or Fruit Juice</p>	<p><b>11 Breakfast</b> Mini Waffle (35) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Taco Snack (30) or Hamburger (31)/ Cheeseburger (32)</p> <p>Oven Fries (17) Broccoli (4) Sandwich Fixins (1) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Muffin (30-32) &amp; Cereal (20-25) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4) Applesauce (15) or Fruit Juice</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrazzini (31) Wheat Roll (27) or Beef &amp; Cheese Nachos (39)</p> <p>Tossed Salad (0) Winter Blend (4) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p style="text-align: center;"><b><u>NO</u></b> <b><u>SCHOOL</u></b></p>

**Milk—8oz**  
Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—4oz**  
Orange (15)  
Apple/Cherry (16)  
Apple (15)



# Express Menu 2017



<p><b>17 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27) or Corn Dog (31)</p> <p>Sugar Snap Peas (7) Tator Tots (19) Mandarin Oranges (20) or Fruit Juice</p>	<p><b>18 Breakfast</b> Cinnamon Toast (15) w/ Cheese Stick (1) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Mesquite Chicken (6) Wheat Roll (27) or Hamburger (31)/ Cheeseburger (32)</p> <p>Sweet Potato Fries (21) Steamed Broccoli (4) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Mini Waffles (35) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fajita Tacos (32) or Fiestada Pizza (39)</p> <p>Corn &amp; Black Bean Fiesta (16) Salsa (3) Salad Topper (0.5) Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> Muffin (30-32) &amp; Yogurt (8) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders (13.5) Biscuit (28) or Beef &amp; Cheese Nachos (39)</p> <p>Sonoma Blend (6) Pinto Beans (21) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes (35) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Spaghetti w/ Meat Sauce (29.5) Wheat Roll (27) or *Pepperoni / Cheese Pizza (32)</p> <p>Baby Carrots (8) Green Beans (4) Marinara (4) Pears (20) or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza (22) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Bean &amp; Cheese Burrito (41) or Mac 'n Cheese (31) Garlic Texas Toast (22)</p> <p>Steamed Broccoli (4) Crinkle Cut Carrots (2) Salsa (3) Peaches (22) or Fruit Juice</p>	<p><b>25 Breakfast</b> Poptart (38) &amp; Cereal (20-25) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Beef Soft Tacos (31) or Hamburger (31)/ Cheeseburger (32)</p> <p>Sweet Potato Fries (21) Refried Beans (32) Sandwich Fixins (1) Salad Topper (0.5) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap (16) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiesta Salad (26.5) w/Spanish Rice (17) or Chicken Fried Steak Sandwich (45)</p> <p>Pickles (0) Corn (27) Salad Topper (0.5) Salsa (3) Pineapple Tidbits (20) or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks (42) Peach Cup (14) Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla (32) or Lasagna (36.5) Garlic Wheat Roll (27)</p> <p>Cucumber Slices (2) Green Peas (12) Salsa (3) Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fish Fillet Sandwich (42) or *Pepperoni / Cheese Pizza (32)</p> <p>Tator Tots (19) Baked Beans (22.5) Marinara (4) Pears (20) or Fruit Juice</p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—4oz**

Orange (15)  
Apple/Cherry (16)  
Apple (15)



# Kooken Menu 2017



<p><b>3 Breakfast</b> Breakfast on a Stick (17) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Cheese Stuffed Breadsticks (30)</p> <p>Steamed Broccoli (4) Sliced Peaches (22) or Fruit Juice</p>	<p><b>4 Breakfast</b> Pancakes (35) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Hamburger (31) / Cheeseburger (32)</p> <p>Oven Fries (17) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>5 Breakfast</b> Mini Waffles (35) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Popcorn Chicken (14) Wheat Roll (27)</p> <p>Corn (27) Mandarin Oranges (20) or Fruit Juice</p>	<p><b>6 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Breaded Chicken Sandwich (45)</p> <p>Green Beans (4) Seasonal Fruit or Fruit Juice</p>	<p><b>7 Breakfast</b> Muffin (30-32) &amp; Yogurt (8) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> *Pepperoni/Cheese Pizza (32)</p> <p>Baby Carrots (8) Pears (20) or Fruit Juice</p>
<p><b>10 Breakfast</b> Poptart (38) &amp; Cereal (20-25) Applesauce Cup (12) Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Steak Fingers (16) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Gravy (4) Pineapple Tidbits (20) or Fruit Juice</p>	<p><b>11 Breakfast</b> Mini Waffle (35) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Hamburger (31)/ Cheeseburger (32)</p> <p>Oven Fries (17) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>12 Breakfast</b> Muffin (30-32) &amp; Cereal (20-25) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Roasted Turkey (3) or Chicken Tenders (13.5) Cornbread Dressing (14) Wheat Roll (27)</p> <p>Mashed Potatoes (15) w/ Chicken Gravy (4) Green Beans (4)</p>	<p><b>13 Breakfast</b> French Toast Sticks (42) Seasonal Fruit Craisins (28) Fruit Juice</p> <p><b>Lunch</b> Turkey Tetrizzini (31) Wheat Roll (27)</p> <p>Winter Blend (4) Seasonal Fruit or Fruit Juice</p>	<p><b>14</b> <u><b>NO SCHOOL</b></u></p>

**Milk—8oz**  
Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—4oz**  
Orange (15)  
Apple/Cherry (16)  
Apple (15)



# Kooken Menu 2017



<p><b>17 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Orange Chicken (37) w/ Seasoned Rice (27) Wheat Roll (27)  Sugar Snap Peas (7) Mandarin Oranges (20) or Fruit Juice</p>	<p><b>18 Breakfast</b> Cinnamon Toast (15) w/ Cheese Stick (1) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Hamburger (31)/ Cheeseburger (32)  Sweet Potato Fries (21) Sandwich Fixins (1) Seasonal Fruit or Fruit Juice</p>	<p><b>19 Breakfast</b> Mini Waffles (35) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Fiestada Pizza (39)  Corn &amp; Black Bean Fiesta (16) Seasonal Fruit or Fruit Juice</p>	<p><b>20 Breakfast</b> Muffin (30-32) &amp; Yogurt (8) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Tenders (13.5) Biscuit (28)  Sonoma Blend (6) Seasonal Fruit or Fruit Juice</p>	<p><b>21 Breakfast</b> Pancakes (35) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> *Pepperoni / Cheese Pizza (32)  Green Beans (4) Pears (20) or Fruit Juice</p>
<p><b>24 Breakfast</b> Breakfast Pizza (22) Applesauce Cup (12) Fruit Juice</p> <p><b>Lunch</b> Mac 'n Cheese (31) Garlic Texas Toast (22)  Crinkle Cut Carrots (2) Peaches (22) or Fruit Juice</p>	<p><b>25 Breakfast</b> Poptart (38) &amp; Cereal (20-25) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Hamburger (31) / Cheeseburger (32)  Sweet Potato Fries (21) Seasonal Fruit or Fruit Juice</p>	<p><b>26 Breakfast</b> Breakfast Wrap (16) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> Chicken Fried Steak Sandwich (45)  Corn (27) Pineapple Tidbits (20) or Fruit Juice</p>	<p><b>27 Breakfast</b> French Toast Sticks (42) Peach Cup (14) Fruit Juice</p> <p><b>Lunch</b> Cheese Quesadilla (32)  Green Peas (12) Seasonal Fruit or Fruit Juice</p>	<p><b>28 Breakfast</b> *Sausage Roll (15) w/ Cheese Stick (1) Seasonal Fruit Fruit Juice</p> <p><b>Lunch</b> *Pepperoni / Cheese Pizza (32)  Baked Beans (22.5) Marinara (4) Pears (20) or Fruit Juice</p>

**Milk—8oz**

Skim (11)  
1 % (11)  
Chocolate (24)

**Fruit Juice—4oz**

Orange (15)  
Apple/Cherry (16)  
Apple (15)