

Food Allergen / Special Diet Resource 2016 - 2017

BREAKFAST	ALLERGENS								
Meal Items	Corn	Dairy	Egg	Fish / Shellfish	Gluten	Nuts	Red Dye	Soy Bean	Other Information
Breakfast on a Stick	x		x		x			x	Turkey Product
Breakfast Pizza	x	x	x		x			x	Turkey Product
Cereal									
<i>Cheerios</i>	x				x				
<i>Cinnamon Toast Crunch</i>					x			x	
<i>Fruit Loops</i>	x				x	x	x	x	Contains Coconut
<i>Golden Graham Cereal</i>	x				x				
<i>Rice Chex Plain</i>									
<i>Rice Chex, Cinnamon</i>									
Cheese Stick		x							
Chix Biscuit (HS)									
<i>Biscuit</i>		x			x				
<i>Breaded Chicken Fillet</i>					x			x	
Cinnamon Roll	x	x	x		x			x	
Dutch Waffle		x	x		x			x	
EggStravaganza *		x	x					x	Contains Pork *
Breakfast Wrap	x	x	x		x			x	Turkey Product
French Toast Stick	x	x	x		x			x	
French Toast Sticks, Mini		x	x		x			x	
Little Smokies *	x								Contains Pork *
Muffin, Blueberry	x		x		x			x	
Muffin, Chocolate	x	x	x		x			x	
Pancakes	x		x		x			x	
Pancakes, Mini	x	x	x		x			x	
Pop Tart, Strawberry	x				x		x	x	
Sausage Patty									Turkey Product
Sausage Roll, IW *	x	x	x		x				Contains Pork *
Scrambled Eggs w/ Cheese		x	x					x	
<i>Scrambled Eggs</i>		x	x					x	
<i>Shredded American Cheese</i>		x							
Waffles, Mini		x	x		x			x	
Waffle Sticks	x	x	x		x			x	
Yogurt, Strawberry Banana	x	x					x		

* Foods that Contain Pork

Highlighted = Food Components within Meal Item